



MANAGING THE TEEN'S REBELLION



Adolescence is a time when many young teens test limits - and parents' patience. Teens' rebellion often go hand-in-hand with changing hormones and adolescent attitudes. Parents who understand the changes that accompany their adolescent's development are better equipped to handle the rebellion stage and help them spend their energy on productive activities leading to becoming self-disciplined and responsible teens.

The workshop will offer practical tips that parents can use to help their teens overcome their rebellious behaviour, and strategies to understand their teens better and support them during their development changes.

The speaker

Mr Nicholas Choo holds a B.A. in Psychology with Trent University, and a M.Th. from Ontario Theological Seminary in Canada. He is also a certified Train-the-Trainer administrator for DISC Personality Profile. He is a much sought-after trainer by schools, charity and corporate organizations.

He has organised and conducted workshops and camps in more than 200 primary and secondary schools and charitable organisations in Singapore, Asean countries, Hong Kong, Taiwan, Shanghai and New Zealand. In addition, he does a repertoire of leadership training packages for teachers and parents on creative management, family life and work.

He has been in the training profession for more than 30 years focusing primarily on children, youth and parents. His deep interest in the family has also led him to provide counselling to individuals, groups and families.

DATE : 19 AUG 2017 (SATURDAY)
TIME : 9:00AM-12:00PM (3 HRS)
VENUE : TANGLIN SEC SCH, LAUREL ROOM, LEVEL 3
FEES : FREE

For registration, please SMS
"TSS Teen + Your name (s) + Your Child's Name + Class"

to

FM coordinator, Mdm Michelle Khoo at

91593864

(You will receive confirmation via SMS)



FAMILY matters!